Gross motor skills

- Walks without watching feet.
- Walks backwards.
- Runs, turns and stops well.
- Walks up steps with alternating feet.
- Balances on one foot momentarily (static balance).
- Pedals a tricycle.
- Jumps in place.
- Walks on a low balance beam (dynamic balance).
Tries to catch a large, bounced ball.

Throws a ball overhand but not with much accuracy.

Swings on a swing.

Kicks a ball forward.

Fine motor skills

Strings large beads.

Places large pegs into pegboard.

Holds crayons or markers with fingers.

Turns pages of a book one at a time.
Builds block towers.

Does simple puzzles easily.

Pours liquids with a few spills.

Undresses without assistance.

Begins to show hand dominance.