Cut each section along the dotted lines. Divide participants into groups giving each group the opportunity to discuss the scenarios and how a child might feel with the stress in their lives, as well as what they might do to help the child to cope with the stressors.

Sam's parents are getting a divorce.

Hannah's grandmother died.

Esteban has a new baby brother.

Bethany's mother just got remarried.

Jamal's mother was seriously injured in a car wreck.

Lauren has just moved to town, and this is her first day in a new child care center.

Levi is having some serious health problems and is in and out of doctors' offices frequently.

Miguel’s home was broken into last night. He awoke in the night and walked in on the prowler who then fled.

Brooke's best friend, Hailey, has just moved away.

Tony's dad left suddenly, and his family doesn't know his whereabouts.

Micah was in a wreck last night. He was not hurt seriously but was bruised. His sister is in the hospital.

Lindsey's mom is trying to potty train her forcefully. Lindsey is not responding.