



4. Make a list of the materials you have available or can make or purchase to support the Topic of Study. Refer to the Materials to Collect and Make section of the Curriculum Guide for ideas.

**Teacher Note:** *You may want to list all of the materials you plan to have available for the Focus Area.*

Materials	Have Available	Can Make	Will Purchase

5. Begin to develop the Plan Sheet by highlighting or circling the Areas you have available in your classroom. The Areas are listed at the top of the Plan Sheet.
6. List under each Area the materials you have available or can make or purchase that relate to the selected Topic of Study; materials you plan to use with the children.
7. List for each day of the week the language experiences you plan to include.
  - Read at least one book to children each day. Remember that the same book can be read to children several times during the week. The Curriculum Guide usually includes more than one reading of each featured book.
  - Include other language experiences such as telling stories with visuals, singing songs, playing games, and saying Mother Goose rhymes, finger plays and poems.
8. Continue to complete the Plan Sheet, one section at a time, choosing activities from the Curriculum Guide.
9. Include Physical/Movement/Gross Motor Activities each day. Licensing Requirements require the following:  
*401.4 Program requirements for all ages*  
*4. There shall be a total of 30 minutes per day of moderate to vigorous physical activity. This could be included in outdoor play time if it meets this criteria. See Division web-site.*

**Teacher Note:** *Most Topics of Study include Movement and Gross Motor Experiences*

**Teacher Note:** *Refer back to the Adventures for Toddlers Tips and Techniques if you need help in completing any of the sections of the Weekly Activity Plan Sheet.*

**Reflection:** After you have used the Weekly Activity Plan with your children, spend time evaluating the activities that worked, didn't work, and the adjustments and changes you can make during future planning.