

Fruit Salad Recipe

6 Strawberries



2 Bananas



1 Apple



10 Grapes



1 Cup Orange Juice



Cut up strawberries, bananas, apple and grapes and mix in bowl with orange juice. Allow children to serve in individual cups with a spoon.

Strawberry Ice Cream Sundae

1 scoop



of Vanilla Ice Cream



4 Strawberries



Place one scoop of ice cream per child in small dish. Allow children to top with strawberries that have been sliced. Eat and enjoy!