

RETHINK

YOUR

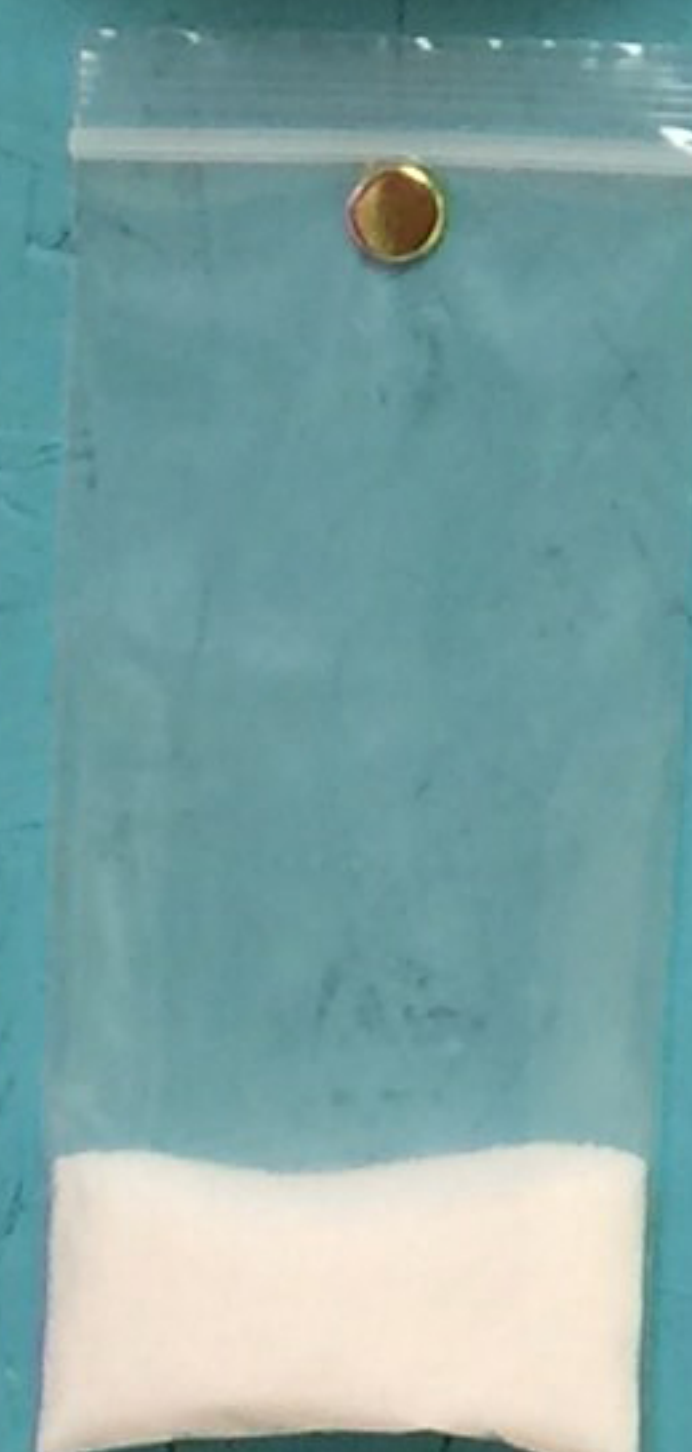
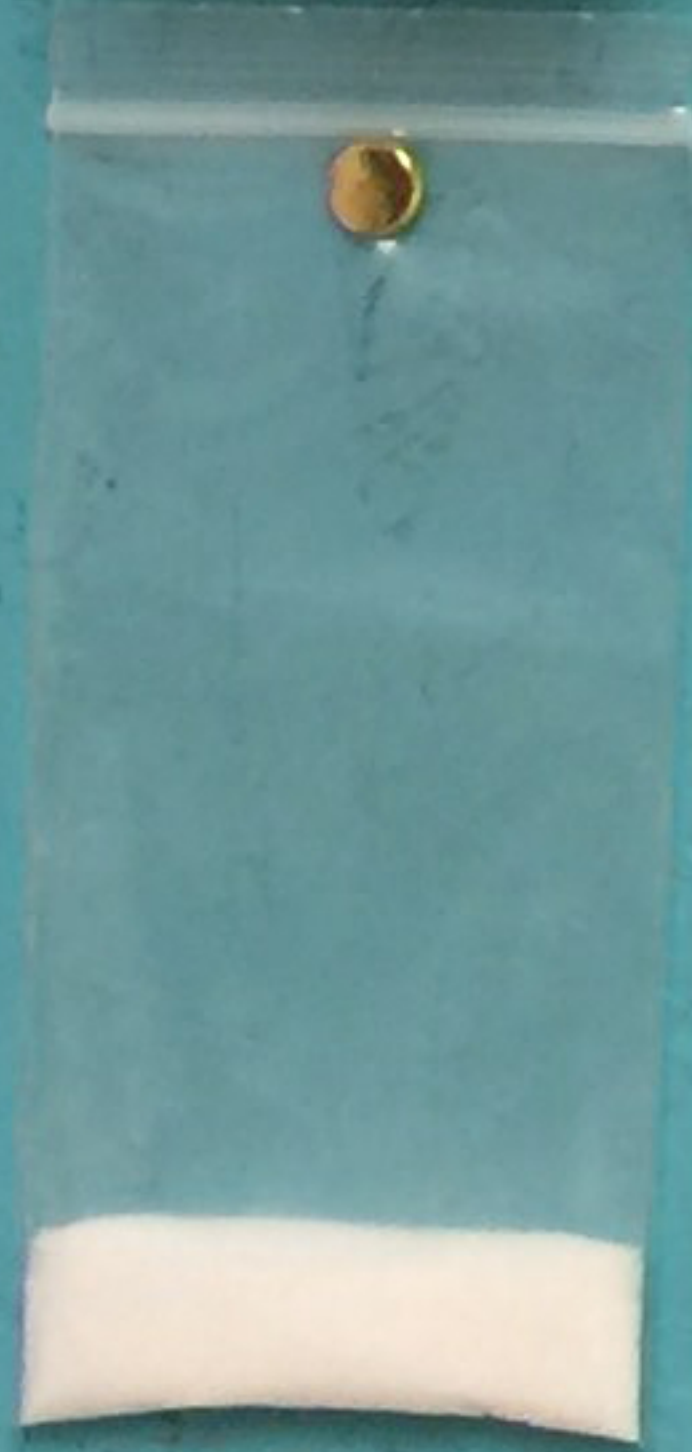
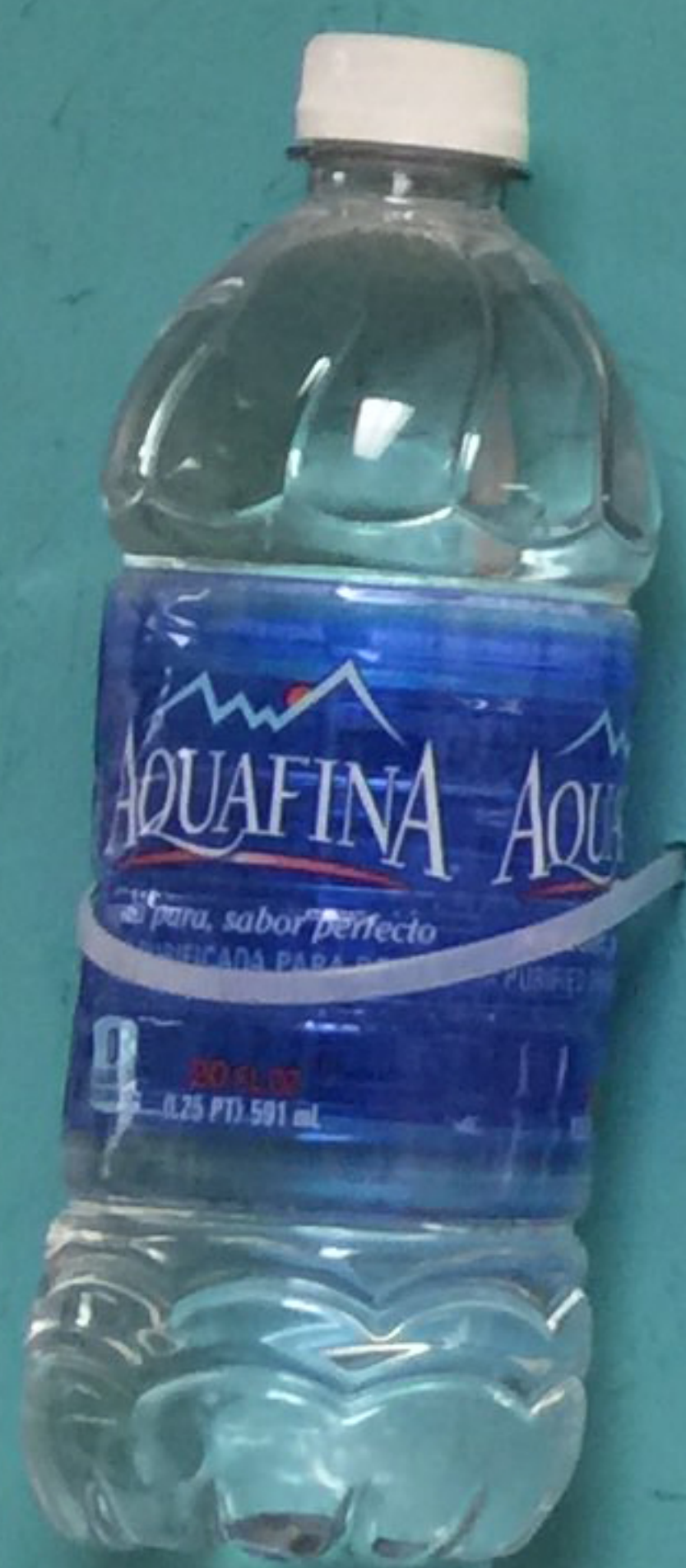
DRINK

sugar :

- IS HIGHLY ADDICTIVE
- LEAVES YOU FEELING HUNGRY
- IS LINKED TO OBESITY, CANCER, HEART & LIVER DISEASE
- CAUSES TOOTH DECAY

sugar contains:

NO NUTRIENTS
NO PROTEIN
NO HEALTHY FATS
NO ENZYMES
GMO



0 grams

9 grams
2.14 tsp

20 grams
4.76 tsp

22 grams
5.23 tsp

31 grams
7.38 tsp

34 grams
8.09 tsp

34 grams
8.09 tsp

39 grams
9.2 tsp

1 gram = 4.12 teaspoons