

Arkansas Workforce Knowledge and Competencies

Lesson 1 – Promoting Children's Health		
WKC	Description	✓
1.2.F.e	Recognizes that stress resulting from trauma, abuse, neglect, poverty and other factors impacts children's growth, development and learning	
6.1.F.a	Completes health and safety pre-service orientation and receives ongoing training in health and safety best practices	
6.1.F.g	Maintains the confidentiality of health, nutrition, child abuse/neglect information	
6.1.I.a	Follows, promotes and documents health and safety practices based on state regulations and best practice standards (CCDBG Act of 2014)	
6.1.I.b	Describes the functions of and identifies strategies for working cooperatively with regulatory agencies (licensing, health, fire, building code)	
6.2.F.b	Models and promotes current best practices in health in a culturally sensitive manner	
6.2.F.c	Understands the importance of daily health checks, signs of illness, and possible signs of abuse and neglect	
6.2.I.b	Follows the program's procedures for administering medication and health or medical care plans	
6.2.I.c	Conducts daily health checks; monitors children for signs of illness and possible signs of abuse and neglect and responds appropriately	
Lesson 2 – Preventing Disease		
WKC	Description	✓
1.1.F.d	Provides examples of developmental milestones appropriate to the age group(s) with whom they work	
2.3.F.a	Assists in organizing and implementing indoor and outdoor environments that are safe, comfortable, healthy, respectful, supportive, and aesthetically pleasing	
6.2.F.a	Maintains a sanitary environment by following appropriate policies and procedures	
6.2.F.e	Follows program procedures for documenting and communicating signs of illness to families and appropriate staff	
6.2.I.a	Promotes good health by maintaining an environment that contributes to the prevention of illness	
6.3.I.b	Teaches simple safety precautions and rules to children and implements them consistently	
Lesson 3 – Managing Illness		
WKC	Description	✓
1.2.F.g	Follows legal requirements concerning children with disabilities or special health care needs	
6.2.F.d	Recognizes signs and symptoms of common childhood diseases and reports to supervisor	
6.2.F.e	Follows program procedures for documenting and communicating signs of illness to families and appropriate staff	
6.2.I.b	Follows the program's procedures for administering medication and health or medical care plans	

Lesson 4 – Child Maltreatment		
WKC	Description	✓
6.1.I.c	Connects families to program and community resources to reduce child abuse and neglect	
6.1.F.d	Recognizes signs and symptoms of possible child abuse and neglect	
6.1.F.f	Follows state and federal mandated child abuse and neglect reporting regulations	
Lesson 5 – Preventing Injuries		
WKC	Description	✓
2.3.F.a	Assists in organizing and implementing indoor and outdoor environments that are safe, comfortable, healthy, respectful, supportive, and aesthetically pleasing	
6.3.A.a	Assesses and maintains safety in all places where children are in care (e.g. field trips, transportation, outdoors, indoors, etc.)	
6.3.F.a	Supervises and interacts with children to ensure safety both indoors and outdoors and in all other places where children are in care (e.g., field trips, transportation, etc.)	
6.3.F.c	Follows safety rules and practices consistently	
6.3.F.d	Assists in ensuring that all materials and equipment provided for use by children are safe	
6.3.F.e	Participates in disaster and emergency preparedness drills	
6.3.F.f	Knows and follows transportation policies and procedures in transporting children	
6.3.I.a	Maintains attentive, continuous supervision and correct staff/child ratio both indoors and outdoors	
6.3.I.b	Teaches simple safety precautions and rules to children and implements them consistently	
6.3.I.c	Maintains a safe environment, including equipment and toys, to prevent and reduce injuries	
8.1.F.a	Complies with regulations, quality standards and program policies/procedures	
Lesson 6 – Nutrition		
WKC	Description	✓
6.4.F.b	Explains current policies and procedures related to food and nutrition	
6.4.F.d	Models and talks about healthy and appropriate eating habits with children	
6.4.F.e	Understands the importance of supporting breastfeeding mothers	
6.4.I.a	Provides appropriate nutritional meals and snacks in a relaxed positive social environment	
6.4.I.b	Supports developmentally appropriate self-help skills in accordance with applicable guidelines, such as those given by the U.S. Department of Agriculture	
6.4.I.d	Adopts feeding practices that respect children's internal cues of hunger and fullness	
6.4.I.e	Understands the relationship between poor nutrition and physical health and behavioral and emotional difficulties	

Lesson 7 – Food Safety		
WKC	Description	✓
6.4.F.a	Follows food-safety guidelines for handling, storage, sanitary environment, hand washing and other procedures	
6.4.F.f	Follows procedures for proper storage and handling of breast milk	
6.4.I.f	Implements current program policies and procedures related to food and nutrition	
Lesson 8 – The Health of the Early Educator		
WKC	Description	✓
6.1.F.a	Completes health and safety pre-service orientation and receives ongoing training in health and safety best practices	
7.2.I.c	Takes responsibility for own personal physical and mental health and understands the impact of good personal health on children, families and other partners	