

Hello, How Are You?

By Sister Mary Thomas

Hello, How are you?
Sometimes, I'm happy
My eyes sparkle so.

Sometimes I'm sad
My eyes tell you "no!"

Sometimes I'm calm
as calm can be.

Sometimes I'm angry!
Just look at me!

Sometimes I'm scared.
Sometimes I'm shy.

Sometimes my face
has a questioning "why?"

Sometimes I'm proud of
the things I can do.

Sometimes I'm silly
and make faces at you.

Sometimes I like to be
friends with someone.

Sometimes I like to
be quiet all alone.

How do you feel sometimes?